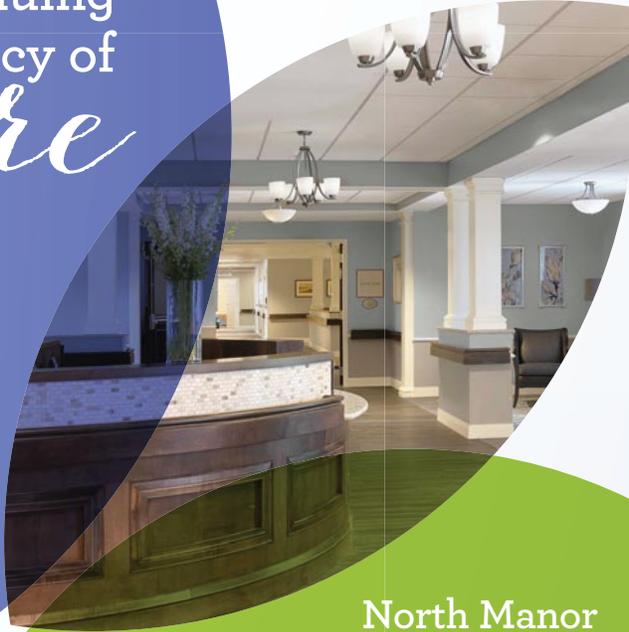


# news & views



ABERNETHY  
LAURELS  
UNITED CHURCH  
HOMES AND SERVICES

Continuing  
a Legacy of  
*care*



## North Manor Health and Rehab Center Opens



Community leaders, residents, families and guests recently gathered at the grand opening celebration and preview of North Manor, the new Health and Rehabilitation Center at Abernethy Laurels. North Manor will replace the existing center built in the early 1970s under the medical model that guided the development of long term care at that time. Today's person-centered approach to long term care shapes the environment, organizational structure and interpersonal relationships with residents, allowing for focus on resident care, empowerment, privacy and lifestyle choices.

North Manor is phase I of an extensive replacement project; phase II of the project will begin this fall. The design of the new two story North Manor includes 48 private resident rooms on each floor organized into six households. Each resident room features a private bathroom with a barn door that allows for ease of entry and exit. Upon opening North Manor, two of the first floor households will be designated to serve short stay or transitional rehabilitation patients, and two of the second floor households will be used to serve those in need of memory support. The other two households will be home to primarily long term residents.

*continued inside*



## North Manor Health and Rehab Center

Each Household serves 16 residents that are arranged in two clusters of eight units each that surround common Living/Dining/Activity/Kitchen spaces designed in a residential vernacular to evoke a feeling of “home”. This compact arrangement places each resident close to the common spaces and encourages interaction, participation and fellowship with their neighbors and with staff. The interior of each of the six households within North Manor embraces its own design aesthetic and is consistent with a progressive design. Interior finishes, textures and colors were developed to accentuate a residential character and feel while still complementing the interior and exterior architecture. All furniture and fabrics were selected to create a custom residential look while still maintaining the appropriateness for older adults in a healthcare environment. All six households have a different design pallet so that each is differentiated as a unique space while still maintaining continuity throughout the entire building. Extensive research and visual listing exercises were conducted to ensure the interior spaces met functional criteria. The interior space was designed to promote the health and well-being of the residents by encouraging mobility and social interaction. The building finishes, lighting, furnishings, artwork and decorative accessories work together to create a welcoming, inviting and comfortable environment for all who visit. “As soon as you enter the building, there is a cozy and warm feeling that comes over you,” shared Kate Wedrychowicz, a resident at Abernethy Laurels. “My husband and I find great comfort in knowing that this state-of-the-art building with all the sentiments of home is now part of our community.” To schedule a tour and learn more about the benefits of retirement community living, call Rob Hartsell at 828-465-8519.



### Meet Patty Parris

The Association of Nutrition and Foodservice Professionals recently named Abernethy Laurels employee Patty Parris Certified Dietary Manager of the Month. As a Certified Dietary Manager, Patty serves as a liaison between the nursing and food services departments. Patty graduated from Gaston College with an AAS in Nutrition. In addition to being a Certified Dietary Manager, Patty is also a Dietetic Technician, Registered. Patty is an active member and officer in the North Carolina Dietetic Association regional chapter. “As evident in our recent presentation on autumn nutrition, Patty is one the most passionate nutrition professionals I have ever met,” shared Candence Lowman, Registered Dietitian at Abernethy Laurels.

### STAFF SPOTLIGHT

## UPCOMING EVENTS OCT – DEC 2017

To register for these events, contact Rob Hartsell at 828.465.8519 or email [rhartsell@uchas.org](mailto:rhartsell@uchas.org).

### Fall Preview Luncheon

Wednesday, October 25

11:30 am

Join us on October 25 for a tasty lunch while you visit with some of the neighbors who will quickly become friends. Ask them about life in a senior living community and learn first-hand why they chose Abernethy Laurels as their home.

### Cork and Canvas Art Show and Sale

Friday, November 3

5:00 – 8:00 pm

Delight in a Parisian-themed evening art show. Showcasing art to view or sale, this stimulating exhibit will feature various media including watercolor, acrylic, and oil. Meet these fabulous artists, celebrate their talents and take home a stunning masterpiece of your liking.



### Holiday Wreath Making Workshop

Thursday, November 9

10:00 am

Enhance your holiday décor with a beautifully crafted wreath. Relax. Create. And take pleasure in joining with friends as Cathy Cooper, wreath lady extraordinaire, provides a step-by-step guide to wreath making. We will provide the supplies and the finished product will be ready for your door! Limited seating.

### Jazzy Holiday Luncheon

Wednesday, November 29

11:30 am

Let Abernethy Laurels, a senior living community in Newton, jazz up your morning and lead you in the holiday spirit. Featuring John Alexander on the saxophone, you'll delight in the sounds of the rhythmic bluesy tunes while engaging in conversation and enjoying a tasty Bayou cuisine prepared by Chef Jessie.

### Bringing Home the Win

Several residents from Abernethy Laurels recently traveled to another sister community to compete in the UCHS "I Mustache You a Question" Trivia Playoffs. We congratulate residents Pat Pohar, Linda Lawson, and Becky McRee for bringing home the win!

### Open House & Harp

Tuesday, December 5

4 pm

Join us for a holiday open house filled with all the splendor of the season! Following the open house, stay as local student Rose Abernethy plays the harp.

### Catawba Valley Community Chorus-Holiday Concert

Monday, December 11

7 pm

Come join the holiday fun as a local chorus sings seasonal tunes!



# welcome

*new residents*

Gere Helton

*Conover, NC*

Richard and Sara Mursch

*Morganton, NC*

Lloyd McCall

*Denver, NC*

Martin and

Geraldine O'Loughlin

*Kettering, Ohio*

William Mlaska

*Statesville, NC*

George Snow

*Hickory, NC*



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## Small-town Charm Found Here

Newton has been described by many as a warm and welcoming place. Newton offers an enviable living environment with friendly neighborhoods and hospitable businesses, shops, and restaurants. On the 1924 Courthouse Square in the downtown area, visitors can get a sense of Newton's past at the Catawba County Museum of History, where the region's story is artfully displayed in the unique setting of the former Catawba County Courthouse. Other attractions in Newton include the Old Post Office Playhouse where several residents living at Abernethy Laurels volunteer their time and talents, the Historic Newton Depot and Museum, and the Newton-Conover Auditorium. In addition to numerous festivals and events, Newton is home to the annual Soldiers Reunion, featuring a week of patriotic and entertaining activities including a parade in downtown. Newton serves as the county seat of Catawba County, positioned in the triangle formed by Asheville, Winston-Salem, and Charlotte. Residents at Abernethy Laurels enjoy all the perks of small-town living, but have the conveniences of large shopping malls and airports offered at neighboring larger cities like Hickory, which was recently listed in a Kiplinger publication as one of the 10 Greatest Places to Retire. "Positioned in an ideal location and filled with great people, Newton has a little something to offer everyone," shared resident Roger Williams, who attends Newton City Council meetings and serves as a liaison between Abernethy Laurels and the City of Newton. "It really is the perfect place to retire!"

